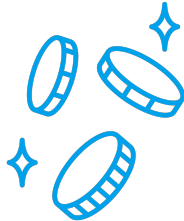


Whether you already feel pretty organized or feel the panic rising when you try to spend money, the CAP Money Course will help you take complete control of your finances and feel confident moving forward, no matter what life throws at you.

Learn skills so that your bills will be covered, debt can be paid, saving is possible, and giving can be a joy.

Learn more at
capcanada.org/budgethelp



Christians Against Poverty also offers free credit counseling through Debt Centres based in local churches.

If you or someone you know feels overwhelmed by debt, call 1-855-214-9191 or visit capcanada.org/debthelp to talk to our team and learn a path forward.

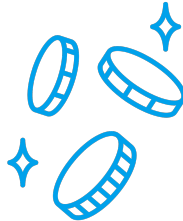
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info@capcanada.org 289-684-9191 capcanada.org
Corporation: 822846-9 Business: 841397532 Charitable Registration: 84139 7532
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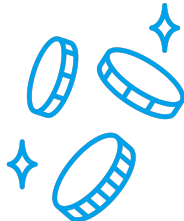
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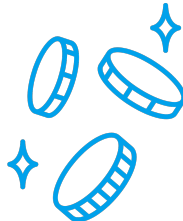
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